

Justin's

Justin's Chocolate Hazelnut Butter Named 'Top Five Pocket Snacks for Skiers' by

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Top Five Pocket Snacks For Skiers

This question just might be one of the seven wonders of the food world: What is the optimal snack to pack so I don't have to stop for lunch on a powder day, that doesn't weigh me down, smooch, or melt in my pocket? The answer is that just as skis have gotten wider, on-slope snacks have also improved, moving past dry protein bars and sweaty string cheese. If you've upgraded your gear in the last year, then it's also time to upgrade the snack selection. Start with these five snacks, each available for under \$2 per serving.



Justin's Chocolate Hazelnut Butter

Step aside Nutella, your time on a pedestal is over. Justin is here. Justin's Chocolate Hazelnut Butter is not only decadent, but also nutritious, free of artificial flavors and processed dairy, plus it comes in an ultra-convenient squeeze pack size. These can be stashed in pockets and easily scarfed on the lift, minus the melted chocolate mess factor. Hazelnuts, often overshadowed by the nutritional content of nut-brothers almonds and walnuts, are packin' when it comes to nutrient-density. These chestnut relatives are a good source of vitamin B1, which is imperative for energy production, and copper, a mineral that is needed for the antioxidant enzyme superoxide dismutase which disarms free radicals. The best part is Justin uses palm fruit oil rather than inflammation-promoting hydrogenated vegetable oils like most commercial nut butters do. This is worth going nuts over. Cost: \$0.55 cents per squeeze pack. Calories: 80

www.justinsnutbutter.com