

Justin's®

Justin's Nut Butter

seen on the Today Show as *Foods You Shouldn't Avoid*



“For overall health and for dieting, peanut butter is your best friend. Loaded with monounsaturated fats. And we know that monounsaturated fatty acids have also been associated with less belly fat, but it’s so satisfying! Two teaspoons with some celery for a snack, or an apple, a banana, (a green one)”

- Keri Glassman, MS, RD, CDN, October 2011

