

# Justin's®

## Justin's Dark Chocolate Peanut Butter Cups named Favorite Vegan Candy in



*Another Expo West Best of Show winner this year, Justin's cups are produced in the company's solar powered HQ.*



- VegNews, December 2011

Lasagna Veganized! Two-Cheese Feast

Perfect Brunch Savory Waffles

Vegan Candy 7 Recipes

# VegNews

VeganNEWSFOODPLA

## The Best

Our 10<sup>th</sup> Annual Veggie Awards Reveal

75+ Vegan People, Places, & Products That Rocked Our Year

Plus! Why Italians Live Longer \* Nonprofits We Love \* Caribbean Winter Escape

\$5.99 US / 6.99 Canada / December 2011

The 2011 Veggie Awards Reader Poll FAVORITES

### Chow

**Favorite Vegan Chocolate**  
Endangered Species  
Endangered Species has won Favorite Vegan Chocolate every year since 2009.

**Favorite Vegan Ice Cream**  
Coconut Bliss  
This is the first time with Coconut Bliss. The company debuted four new flavors this year.

**Favorite Vegan Candy**  
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**Favorite Vegan Milk**  
Almond Breeze  
For the second year in a row, Almond Breeze is your top milk. This brand boasts 50 percent more calcium than dairy.

**Favorite Tofu**  
Nasoya  
After a one-year hiatus, Nasoya wins its ninth Veggie Award for Favorite Tofu.

**Favorite Vegan Cheese**  
Daiya  
VegNews' 2009 Product of the Year claims its second Favorite Vegan Cheese title this year.

**Favorite Veg Meat Company**  
Garden of Eatin'  
Last year's VegNews Product of the Year wins its first reader's pick.

**Favorite Energy Bar**  
Larabar  
2007 was the last time Larabar took home this category, making this year the company's second win.

### Book of the Year

Milk had an up-and-down year in 2011: Almond milk scored a feature piece in *The Wall Street Journal* and was voted your Favorite Vegan Milk in the Veggie Awards for the second year in a row, while coasts had to reactivate against the documentary *Got The Facts on Milk* (see p.10) and the publication of Joseph Keon's *WhiteWash: The Disturbing Truth About Cow's Milk and Your Health*. Keon's effort is "the best book written on the subject" according to none other than John Robbins, who knows a thing or two about the industry. *WhiteWash* is unhealthy, with a particularly strong research Keon did for his previous book. But milk's problems don't end there: negative material on milk—far beyond 200 pages from the text, Keon's lack while the thoroughness of the research matches ads on the paragon of the *WhiteWash*. Keon's dedication to the change in their diets is what makes the book that could premiere as well.

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the nationwide launch of these heady accounts that 2009 was the year that the nationwide launch of Ben Pincus and Joy Pierson published their first cookbook, *The Candle Cap Cookbook*. It's possible that they always knew that *Candle 79* would someday warrant its own tome, and this year, the book arrived. There are no two ways about it: *The Candle 79 Cookbook* is stunning. Reading through the book feels like settling into one of the restaurant's comfortable booths, as the warmth and hospitality of its authors ooze out. Pierson says that the feeling of family that comes through so clearly throughout the book couldn't have been kept at bay if it had tried—most that the would have. Co-authored with Executive Chef Angel Ramos and Pastry Chef Jorge Pineda, the cookbook brims with all of *Candle 79*'s signature recipes. We, the Clamchow Sallan, Sallan Piccata, and Spaghetti and Wheat Balls are all there, just waiting to be made. Each of its 104 pages is a gorgeously designed gift, like having your very own *Candle 79* in your home.

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